



重圓破碎心論壇

Un-Break My Heart Forum



中華殉道聖人堂

Saturday, April 16, 2016

講者自我介紹

- Edmond Lo
- MTS, MBA, CPA (CMA)
- 丈夫與父親。
- 帶領多組家庭祈禱聖經聚會廿多年。
- 舉辦多次家庭靈修退省或大會。
- 作客《愛·生命》電台，討論貞潔、婚姻和家庭主題。
- CMCC 《聖經研討會》，《慕道再慕道》講者。
- CMCC慕道班導師廿多年。



2-PART FORUM

論壇分兩大部份進行

AM: Real Meaning of
Sex and Marriage

上午: 性和婚姻的奧義

PM: Understanding and
Handling Sexual Desire

下午: 明白和處理情慾

Broken Hearts Caused by Sex and Marriage 性和婚姻成了心碎因由

- 互聯網性侵犯危機：Todd Amanda (15歲, BC, 2012)
- 副教育部長和大學教授犯戀童罪，入獄三年(2015)
- 離婚、重婚、破碎婚姻和家庭

Sex and Marriage – Confusing Moral Standards

性和婚姻 - 道德標準含糊

- 同性婚姻合法化 - 「包容」凌駕一切標準。
- 「個人權利」成為最高誠命 - 墮胎、安樂死(本是刑事，現政府提供服務)。
- 時尚同居、遲婚、不(能)生育。
- 神父守貞被視為性醜聞原因。
- 避孕的問題。
- 俗世價值觀衝擊，教會內也充滿混淆。

Marriage and Family Foundational to Church Teaching

“The history of mankind, the history of salvation, **passes by way of the family**. In these pages I have tried to show how the family is placed at the **centre of the great struggle between** good and evil, between life and death, between love and all that is opposed to love.” (JPII, *Letter to Families*, n.23)



Talk 1: REAL MEANING OF SEX AND
MARRIAGE

第一講：性和婚姻的奧義

The Original Man and the Meaning of Sex and Marriage 從人之本看性和婚姻的奧義

耶穌對他們說：「梅瑟為了你們的心硬，才准許你們休妻，**但起初並不是這樣。**」(瑪19:8)

The Original Man 人之本

「人單獨不好，我要給他造個與他相稱的助手。」(創 2:18) → 人照天主肖像造成，**需要共融結合。**

The Original Man 人之本

然後上主天主用那由人取來的肋骨，形成了一個女人，引她到人前，遂說：「這才真是我的親骨肉，她應稱為「女人，」因為是由男人取出的。」為此人應離開自己的父母，依附自己的妻子，二人成為一體。(Gen 2:22-24)

The Original Man

『為此，人應離開自己的父母，依附自己的妻子，二人成為一體。』這奧祕真是偉大! 但我是指基督和教會說的。(弗5:31-32)


Agony in the Garden – Jesus' Solitude



Marriage Pointing to Christ/Church Union 婚姻指向基督 / 教會的結合

The one-flesh union of man and woman in Genesis points right from the beginning to the eternal union of Christ and the Church in the book of Revelation. These **bookends of the Bible** reveal that God's eternal plan is to "marry" us and to fill his Bride with eternal life.

- CW, *An Introduction to the Theology of the Body*, p.12



我要永遠聘娶妳，以公義、公平、
慈愛、憐憫聘娶妳；

以忠實聘娶妳，使妳知道我是上主。
(歐瑟亞 2:21-22)

加納婚宴(若 2:1 ff)



Marriage and Family Foundational to Church Teaching

“The history of mankind, the history of salvation, **passes by way of the family**. In these pages I have tried to show how the family is placed at the **centre of the great struggle between** good and evil, between life and death, between love and all that is opposed to love.” (JPII, *Letter to Families*, n.23)



Why Does God Want to “Marry” Us? 天主為甚麼要「聘娶」我們？

- ▶ 「天主啟示了祂最深處的秘密：祂本身就是愛的永遠交流：父、子、和聖神，而且預定我們也分享這愛。」（教理 221）。

Marriage – Icon of Trinity

婚姻是天主聖三在世上的標記

丈夫與妻子在婚姻關係中的性結合是個標記，反影著天主聖三的自我交出的大愛。

(Cf. JP II, TOB 9, General Audience, Nov 14, 1979)

Marriage – Icon of Trinity

婚姻是天主聖三在世上的標記

- Prayer is nothing other than becoming a longing for God per **BXVI**. “When lived according to the ‘great mystery’ of God’s designs, even **the marital embrace itself becomes a profound prayer**, a profound longing for God.”
- St. Augustine considered the Cross a “marriage bed”. Using this analogy, “we might also view **the marriage bed as an ‘altar’** upon which spouses offer their bodies in living sacrifice, holy and acceptable to God”.


(*CW, Heaven’s Song*, p.128)



Love As God Loves

像天主般地愛

- F - Free
- T - Total
- F - Faithful
- F - Fruitful



Promises at the altar.....

祭台前的許諾.....


- 你是否**自願**與XX結為夫婦？
- 作為丈夫和妻子，你們是否願意**一生互相敬愛**？
- 你們是否願意**接受天主賞賜的子女**，並按照基督的福音和教會的訓導養育他們？



Love As God Loves

像天主般地愛

我如今鄭重承認你作我的妻子/丈夫，並許諾從今以後，無論環境順逆，疾病健康，我將永遠愛慕尊重你，終生不渝。願主垂鑒我的意願。



Decisions After Learning the True Meaning of Sex and Marriage

明白性和婚姻的奧義後的決定

1. 不像動物般只活在**身體**中，也不像天使般生活在**屬靈**層面上。
2. 要在婚姻生活上活出性的神聖奧義包括**不避孕**。
3. 要**聖潔地生活**，因為「你們應當是成全的，如同你們的天父是成全的一樣。」(瑪5:48)

Rise above animal sexuality, love as
God loves

超越動物層次，像天主般去愛

“Sex, as often experienced in today’s sexual free-fire zone, is instinctive and impersonal. But that kind of sex, Wojtyla argued does not rise above the level of animal sexuality...Sex that is an expression of self-giving love, not a use of the other for temporary gratification is the only sex worthy of human beings” (George Weigel, Introduction to *The Splendor of Love* of Fr. W. Schu).

Living in Chastity

過渡貞潔的生活

- 貞潔=避免性？= 沒完沒了的「不可」？清修自禁論 (Puritanism) 非聖經教導。
- “Chastity is a great YES to the true meaning of sex...it frees us from the tendency to use others for selfish gratification and enables us to love others as Christ loves us” (CW, *Good News About Marriage & Sex*, p. 66).



Chastity in Marriage – Contraception ?
貞潔的婚姻生活包括避孕嗎？



What happens in a contraceptive act 避孕行為和心態的剖析

- 避孕將對方當物品看待，用來滿足自己的需要。
- 這行為和心態叫甚麼？姦淫！
- 「男人若將妻子當作物品看待，用來滿足自己的需要，他便在心中犯了姦淫罪。」 (TOB 43:3)
- 身體(標記) 在說謊(如猶大出賣耶穌)，褻瀆本來神聖的行為。(CW, *Good News About Sex & Marriage*, pp.111-112)



Contraceptive Sex Is Devoid of Authentic Love

避孕違背真愛

真愛是像基督般愛，是FTFF的愛。避孕違反這4原則：

- Free ? – 行為受制於慾念。
- Total ? – 保留生育性, 不是全面自我交出。
- Faithful ? – 對誓言不忠 (終生敬愛 ? 接受主賜子女 ?)
- Fruitful ? – 無需多講。



Contraceptive Sex Is Devoid of Authentic Love

避孕違背真愛

作任何阻止生育的行為，本質上都是一件壞事。Every action which proposes to render procreation impossible is intrinsically evil. (CCC 2370)

“Intrinsically evil” – Acts which by their nature are “incapable of being ordered” to God (c.f. JPII The Splendor of Truth, 80).

Contraceptive mindset rewrites definition of marriage

避孕心態改寫了婚姻定義

- 天主的定義：「要生育繁殖，充滿大地」(創1:28)
- 避孕者的定義：不要生育繁殖。
- 一旦天主的定義不是絕對，便任何定義皆可：可拆散、妾侍、同性婚姻、多夫/妻、寵物...
- 結果：婚姻成了人的制度，以法律為依歸(合約)；不是天主的制度，以愛為依歸(盟約)。

我的見證

The Christian faith is a lived knowledge of Christ, a living remembrance of his commandments, and a truth to be **lived out**. A word is **not truly received** until it passes into action, until it is put into practice. Faith is a decision **involving one's whole existence**. It is an encounter, a **dialogue, a communion of love and of life** between the believer and Jesus... It entails an act of trusting **abandonment to Christ**, which enables us to **live as he lived** (cf. Gal 2:20)...(JPII Splendor of Truth, 88).



我的見證

- 香港家計會
- 神學院的尋求
- 夫婦間的共識和共步
- Marguerite Bougeoys Family Centre 的歷程
- Thyroid cancer 的挑戰



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-- END OF 1st TALK --



Q&A Guidelines

1. No personal comments that may embarrass your group members. (Questions such as “Isn’t your son gay? How do you and your husband deal with it?”)
2. Don’t “expose” yourself by sharing personal info or stories that are inappropriate. (You are encouraged to do sharing, as long as what you share is appropriate and doesn’t embarrass people.)
3. Respect confidentiality, whether it’s yours or other people’s.



Contraceptive Sex Is Devoid of Authentic Love

避孕違背真愛

The Church, on the contrary, does not at all consider illicit the use of those therapeutic means truly necessary to cure diseases of the organism, even if an impediment to procreation, which may be foreseen, should result therefore, provided such impediment is not, for whatever motive, directly willed (HV 15).